

Empty Bowls, Full Hearts

Sponsored by NHAEA

A celebration of students and their achievements in the arts,
in combination with a charitable event to help those with empty bowls on their tables.

Roots of Empty Bowls ...

“Empty Bowls began in 1990 as an art class project in a Michigan high school to raise funds for a food drive. Students made ceramic bowls, served a meal of soup and bread, and invited guests to keep the bowl as a reminder of hunger in the world.

By the following year the organizers had developed this idea into the Empty Bowls Project and established the imagine|RENDER Group, a 501(c)3 organization designed to promote the concept.

Since its inception, this simple project has evolved into a far-reaching program providing support for food banks, soup kitchens, and other organizations that fight hunger. Empty Bowls events have been held throughout the world, raising millions of dollars for use in combating hunger.”

Additional information on the Empty Bowls Concept is available at the [imagine|RENDER](http://www.theclayconnection.org) web site. www.theclayconnection.org

Purpose of Empty Bowls Initiative in NH Sponsored by the NHAEA

The purpose of this collaborative statewide effort is to raise money for and give back to our local communities and food pantries. This service learning opportunity spotlights and lifts up art education, advocating our programs and the power of ‘doing for others through art.

Why/how is NHAEA serving as a sponsor?

NHAEA believes in the merits of community service for both volunteer and recipient. NHAEA will reimburse up to \$_____ to each NHAEA member participating teacher to help cover the cost of clay and glazes.

If the art teacher(s) in your school are not members yet, a membership form is also included as an attachment for you.

Timeline for 2016

1. Toolkit is emailed to all district admin mid February and NHAEA Members
2. Announcement made at Art Educator reception at the Currier; Toolkits will be included in educator folders
3. Confirmation of Participation due March 31
4. Local Empty Bowls Events take place during the month of May
5. Reimbursement Forms (with photo's of bowls &/or event.... For publicity) due to NHAEA by May 31st
6. Photos of individual event for statewide slide show due by June 3rd (?)

The basic idea for Empty Bowls is straightforward:

- Participants (students/staff/faculty...) create hand-made bowls to donate

- Guests choose a bowl and enjoy a meal of soup & bread during the evening. They keep the bowl as a reminder that there are always empty bowls in the world.
- In exchange for a meal and the bowl, the guest contributes a recommended minimum donation (ticket purchase).
- A local, hunger-fighting organization(s) is selected to receive the collected donations.

Funds raised under the name of Empty Bowls must be used for fighting hunger.

Link to NH Soup Kitchens and Food Pantries
http://www.foodpantries.org/st/new_hampshire

NH Food Bank Report 2014

http://help.feedingamerica.org/HungerInAmerica/FB161_NH_Manchester_report.pdf?s_src=W162REFER&s_referrer=map.feedingamerica.org%2Fcounty%2F2013%2Foverall&s_subsrc=http%3A%2F%2Fwww.feedingamerica.org%2F&_ga=1.161526780.1157223947.1454954137

Example of Empty Bowls Event -

Courtesy of Lynne Ouellette

Hollis Brookline Middle School

Visual Arts Curriculum

Grade level: 7-8

Objectives: Students will ...

1. Gain increased awareness of poverty, hunger and food insecurity in America as well as within their own state and communities.
2. Build upon past pottery skills to create functional, uniquely handcrafted ceramic bowls. These bowls will be reserved for student artists to purchase at the annual HBMS Arts Night/Empty Bowls event.

Additional curriculum connections

http://www.actionagainsthunger.org/sites/default/files/docs/Empty_Bowl_Brief_Overview.pdf

<http://thehungersite.greatergood.com/clickToGive/th/teacher-resources>

<http://storyofhungry.org/>

<https://www.freespirit.com/pages/resource.cfm?file=1923>

https://www.youtube.com/watch?v=dK_RnxYdrqU

National Core Arts Standards

<http://nationalartsstandards.org/sites/default/files/Visual%20Arts%20at%20a%20Glance%20-%20new%20copyright%20info.pdf>

HBMS Event Overview

- In Art class, students learn about and discuss the situation of poverty/hunger in America as well as in their own communities. Each student creates a unique ceramic bowl to be donated at the event.
- The event will take place in conjunction with the annual HBMS Arts Night.
- Staff and volunteers will organize and run the event.
- HBMS students and staff will donate their hand-crafted bowls.
- Instead of soup, HBMS will serve ice cream. Hershey's will donate 300+ servings of ice cream.
- Volunteers will also serve ice cream toppings, coffee, bottled water.
- HBMS student musicians and singers will provide live musical entertainment.
- HBMS student artwork will be exhibited.
- Funds raised will be donated to local, NH hunger-fighting organizations. Recipient charities will provide information on their organizations in relation to fighting hunger.

Volunteers

While much of the organizing occurs in the months prior to the event, many volunteers are needed during the actual event to help set up the facility, greet attendees, accept donations, replenish supplies, and pack-up after the event.

Following the event, volunteers help with the paperwork that tends to follow all successful events: accounting for and distributing proceeds, thanking participants, contacting the news media, and documenting the event results, to name a few.

Planning Committee Responsibilities - months prior

Food Coordination

- Ice cream (vanilla) donated by Hershey's (300 servings = 6 tubs = \$171):
 - ex: 50 servings/per 3 gallon tub. (If purchased, \$28.50/tub)
 - Estimate 500 servings = 10 tubs
 - needed: 4 more tubs = \$114
- toppings, bottled water

Facility Coordination

- Set-up begins at 1:00 day of event
- Identify appropriately sized facility – HBMS gymnasium
- Reservation of gym for event date and establish earliest possible set-up time on day of the event. Set Up
- Storage of ice cream in kitchen. Hershey's can deliver ice cream the Friday prior, May 17 during their regular delivery
- Speak with custodians regarding furniture movement ... Who? When?
 - Tables: round from MPR (20)
long 3'x6' (12-14 for bowls) and (4 for ice cream

station)

- Chairs (racks) Trash cans (6)
- Art exhibit boards from high school

Bowl Coordination

- Bowls will be created by all students at HBMS, during pottery unit in art class.
- Bowls will be created by staff during workshop times
- All artists are given an ID number. This number is carved into the bottom of each bowl.
- A master list will be created to match artists' names and numbers and several copies available for guests to reference at the event.
- All student bowls will be automatically reserved for their families to purchase.
- A supply of non-reserved bowls will be available for purchase (# TBD)
- Creative name tags will be printed and taped to each bowl for the exhibit.
- Bowl Prep:
 - start a collection of boxes for storing bowls
 - keep bowls sorted by Teams; 1, 2, 3, 4, “staff” and “extras”
 - students will wash, label and wrap their bowls.
 - pre-wash: each student will wash and dry his/her own bowl (washing station is set up ahead of time.)
 - labeled with artist's name tag – match up with bowl id #'s.
 - 2 clean rolls of paper towels/per team for wrapping individual bowls.
 - rolling carts needed to transport boxes of bowls to the gym on the day of the event.

Event Photography and Publicity

- Photos of a few student made bowls for publicity
- Develop and issue press releases
- Local newspapers
- Websites
- WMUR
- School Board /SAU
- Sandwich Sign
- Print Promotions – local printer shops?
- Photography of event
- Develop event night program
- Photos of students making bowls in

Finances –

- Bookkeeper/Accountant Coordinator – secretary/admin?
- 2 Cashiers needed
- Cost to Guests: \$10/handmade bowl w/ ice cream
- \$2/plastic bowl w/ ice cream
- Keep enough money to fund next year's event: cover costs for clay/glaze and misc. supplies
- Additional donations possible

Charity Liaison

- Identify recipient charities
- Do we consider establishing a small food supply for our students in need in our building?

Supplies –

- Needed supplies:
 - plastic bowls, spoons, napkins, paper coffee cups, stirrers, sugars, cream, coffee/regular & decaf, tea, hot water, coffee urns (3–4... Bill to check with Rotary Club).
 - 4 ice cream scoops from Life Skills room & kitchen.
 - 5 toppings: chocolate sauce, strawberry topping, rainbow sprinkles, aerosol whipped cream, cherries
 - rectangular buckets & roll brown paper towels for bowl wash station
 - 15–20 Centerpieces for guest tables -- Student Artwork
 - 2–3 large rolls black plastic table coverings for bowl display tables
 - 4 colored tablecloths for ice cream tables
 - roll of tickets
 - “clickers” for head count volunteer
 - cash box with starter cash ... tens and fives.
 - 5–6 rolls masking tape to hang artwork
- Inventory available supplies – can we use anything the school has already?
- Purchase needed supplies

Event Stations –

- Jazz Band area
- Chorus area
- Guest seating (round tables)
- Ticket sales/cashier table
- Bowl display tables – Grouped by Teams
- Ice cream/ Toppings serving tables
- Bowl washing station – run by student volunteers.

Following the Event

- Distributing proceeds
- Thank You notes
- Documenting results of the event
- Contacting News Media
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Number of Volunteers

- 2 Pay Table/Tally / Count People
- 3-5 Take Tix/Handout Bowls
- 4 Scooping Ice Cream
- 3 Toppings
- 1 Whipped Cream
- 2 Coffee/Tea
- 1 Water Distribution
- 2 Cleaning Station (Kids)
- 5 Set Up Art
- 2-3 Decor/Tables
- 3-4 Tables and Chairs

FAQ's

What should I fill the bowls with for the event?

- Ask local restaurants for donations
- Organize a potluck or a pasta dinner
- Ask the culinary students to participate and make food for the event
- Ice cream social

Where could I hold the event?

- Your school cafeteria or gymnasium
- Local restaurant

Does the event have to be big?

It could be whatever size you feel comfortable with. Start small and expand each year and you feel comfortable.

Additional thoughts and ideas could include a student art show, school band members playing at the event, a silent auction to raise additional funds; (ask for raffle items from local businesses or encourage school staff members to make themed baskets for the event.)

Helpful Links and Resources

<https://becreativemary.wordpress.com/2013/10/01/day-274-slab-pottery-notch-cut-bowls/>

<http://ceramicartsdaily.org/pottery-making-techniques/handbuilding-techniques/simple-sets-making-and-using-templates-for-uniform-handbuilt-bowls/>

<http://krokotak.com/2013/03/three-little-clay-presents/>

http://www.gatheringbeauty.com/2014/06/diy-stamped-clay-bowls_18.html#.U6SMhZRdWRY&_a5y_p=1868810

<http://cmae-adayinthelife.blogspot.com/2012/03/for-your-viewing-pleasure.html?m=1>

<http://hsesartyparty.blogspot.com/2012/12/empty-bowls-dinner-2012.html>